



**Wednesday**  
**December 17, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

# STUDENT ID

**If you got an email regarding  
your student ID, please pick it up  
@ the office at lunch time or  
before or after school**



# BUY YOUR YEARBOOK



## INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.



\$60

Buy before  
December 19



# WANTED

## Overdue books



Check your room and empty your backpack! Make sure all overdue materials are returned to the library before the break.

A close-up photograph of white chess pieces on a dark board. The pieces are in sharp focus, including a king, a queen, and a knight. The background is dark and blurred.

# Chess club

Heritage Woods victory  
over Terry Fox Secondary

15.5 pts vs. 12.5 pts

- Room 308
- Daily lunch time drop in
- Come play for home



# HWSS Inclusion Support:

ARTS & CRAFT FAIR



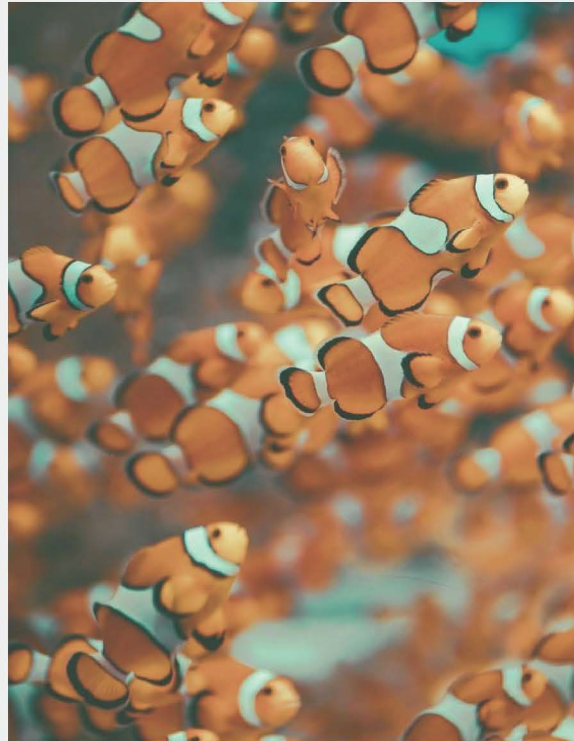
This year, HWSS students have raised \$200 for BC Children's Hospital!

In addition to our profits from last year, our students have raised a total of \$800 for BC Children's Hospital and will be dropping off their donation in the new year.

Thank you to the support of the HWSS Philanthropy class, the STEAM lab, and our Tech Leaders this year for making a memorable and meaningful experience for our inclusion students.

# Art Beneath the Waves

An art showcase to raise awareness about endangered marine species and inspire conservation through creativity.



## Calling Artists to Protect Marine Life

## DEC 15-18 IN THE LIBRARY

**SUBMISSION DATE:** Thursday, Dec 11

All art related to **environment** or **conservation** is welcome!

**ACCEPTED FORMAT:** Painting, digital art, photo, sculpture.



**ART WORK  
SUBMISSION FORM**



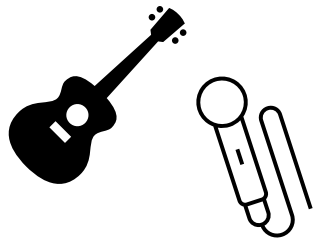
**Questions?**

Email: [127-smoore@sd43.bc.ca](mailto:127-smoore@sd43.bc.ca)

Insta: [@wildlifeaware127](https://www.instagram.com/wildlifeaware127)

# Spirit Week





# OPEN-MIC DAYS



Every Wednesday  
During Lunch  
At the Grand hall

Can be singing, dancing,  
playing an instrument,  
and more

Come and show your  
skills by performing for  
everyone on open-mic  
days!



Scan QR code to sign up!

# Toy Drive Collection

Drop off any toy donations in the bin in the front of the office until Thursday Dec 18.



**Annual Christmas Sale  
by Marketing 11  
and  
E-Commerce 12  
students**



# SANTA'S BIG HELPERS' ORNAMENTS

Christmas  
Market

December 16-17  
Grand Hall





**Perfect gifts!**

**High Quality!**



**December 16 & 17 In Grand Hall At Lunch**

# Cookie Craft

**10% of profits go to**



**\$10 for one  
50% off next purchase**



**Instagram**



# DRINK REFRESH RELAX DECEMBER 16 & 17

BUY OUR LEMONADE  
HAVE A CHANCE TO WIN  
A FREE BLIZZARD COUPON

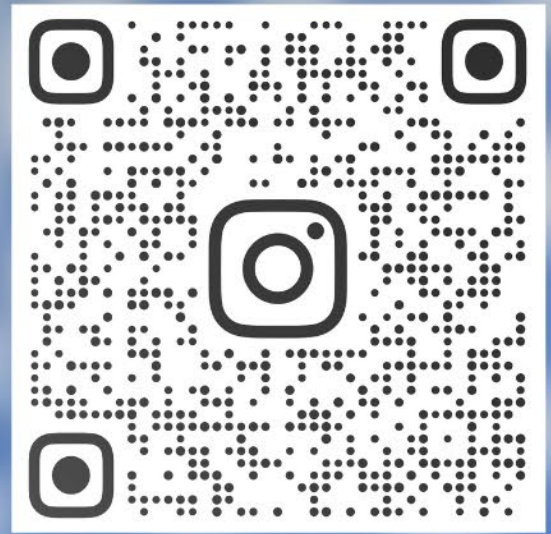
# \$2.99



## LEMONADE

FOLLOW OUR  
INSTAGRAM

@LEMMIIS\_OFFICIAL



Dec 17



# KÖNIG

SEND A MESSAGE. GROW A MEMORY  
PLANT ONE.





Dec 16-17<sup>th</sup>  
Lunchtime

# SHOP

## Rethreaded

Thrift without the hassle



MEET SANTA!



**EVER FRESH CUSTOMS**   
SEASONAL FRESH AND FUN  
AIR REFRESHNERS FOR SALE!

HWSS GRANDHALL DECEMBER 16-17

BUY OUR PRODUCT TO ENTER  
INTO THE CHANCE TO WIN A  
50 DOLLAR MACDONALDS GIFT CARD



**TORK**  
PARTS

SPONSORED BY  
TORK PARTS

10% OF PROFITS GO  
TO BIG BROTHERS OF  
VANCOUVER



CLOTHING DONATION



December 16-17  
@Grand Hall (Lunch)



# Last minute Christmas Gift

Diy Mug-Cakes

10%

of our profits go to



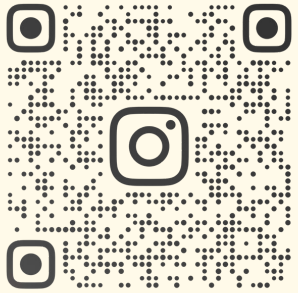
8\$/Set  
5\$/only mix



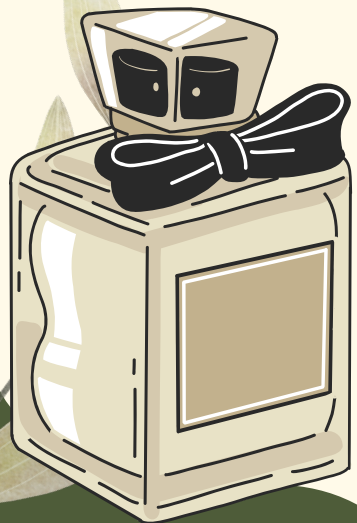
# Christmas Sale!

**Location: Grand hall**  
**Date: Dec 16 — Dec 17**  
**Time: Lunch**

Instagram:



HWSS\_LUMENATURAL



**LUMÉ**  
**NATURALS**  
SMELL GOOD. DO GOOD.



- Eco-friendly
- Student-run
- Great gifts for Christmas!

*Christmas Sale*



**ONLY**  
**4\$ !!!**

10% profits go to



**emotionsBC**  
HEALTH & WELLNESS SOCIETY OF BRITISH COLUMBIA

**MADE WITH OOBLECK**

Find us here:  
 @ooblo\_Page  
Sponsored by:



16-17  
DECEMBER — Grand Hall

\*Taking credit card, cash and e-transfer\*



# Cozy Jars



Ready-to-Drink Hot Chocolate!

Sponsored by Gigi's  
Chance of winning a  
**\$50** *Gigi's*  
gift card



  
raincity  
HOUSING **10%**  
Profits to RainCity  
Housing

Grandhall **December**  
**16-17** @ Lunch



# Incoming sale! In the grand hall

50%  
Discount

Free give aways!

Chance to win \$50 Tim Hortons gift card!

Chance to win a free snow shovel!



Shovel & Care

Driveway shovel and salting service!  
Cheap and dependable, great bang  
for your buck

Twitter contact:

@Shovelandcare

Call at 604-420-6767

for chance to win  
cash prize!

Sponsored by:







EVERY PURCHASE WILL WIN YOU A TICKET THAT WILL BE PUT INTO A RAFFLE FOR THE POSSIBILITY TO WIN A SPECIAL POUCH FROM THE FRAMING AND ART CENTRE!

# THE KODIAK BARKERY

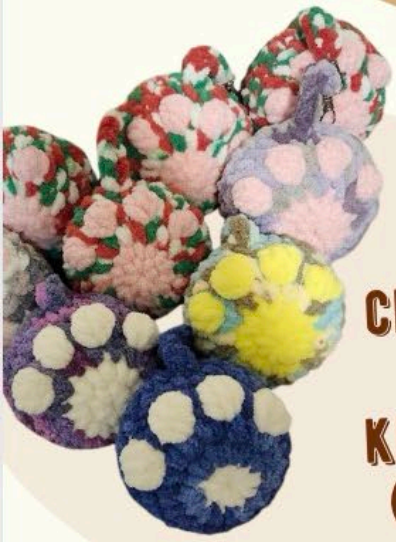


**HOMEMADE DOG TREATS  
(\$6.50 PER BAG)**

**FLAVOURS:**

- PUMPKIN & PEANUT BUTTER
- BREATH FRESHENING TREATS (MINT & PARSLEY)
- PEANUT BUTTER & BANANA

**15% OF ALL PROFITS GO TO THE BC SPCA!**



**CROCHETED PAW KEYCHAINS  
(\$5 EACH)**



**CHRISTMAS-THEMED DOG-FRIENDLY COOKIES WITH NATURAL ICING  
(\$3 PER COOKIE)**



**SELLING ON DECEMBER 16-17 AT LUNCH IN THE GRAND HALL!**



HWSS Christmas Sale



# Shop Snowlight

*"Home Decor that Feels Alive."*

**Soon available for purchase at HWSS Grand hall**

December 16th-17th at lunch

10% profit goes to Jack.org

Chance to win \$25 voucher to rw&co



**12\$ EACH**



**SnowLamp:**  
A self-assembled snow globe night light



# ECOMARKS

Small Steps for a Big Impact



**100%**  
of profits go towards  
planting trees!

# Recyclable, Sustainable Bookmarks

**Grand Hall, December 16-17  
@ Lunch**

**Bookmarks made from  
repurposed book pages.**



**Gift certificates  
to be won!**



**@hwssecomarks**



Aurea wooden toys co.

10% of our profit will go to the charity



# Buy our product

Blind box with eco-friendly toys, anime or game merchandise, gift cards!

DEC.16-17 AT GRAND HALL AT LUNCH TIME



# 7\$!



AUREA  
HANDCRAFTED  
NATURAL TOYS



save **on** foods



# Valor Earrings



Shine with a purpose.



10 percent profits go to Canadian War veterans suffering from illness/injury.





# ecolunch

wrap free, waste free

## Who are we?

We are two Environmental Science 12 students and we want to reduce plastic usage at Heritage Woods.

## What is our goal?

Our goal is to replace the plastic wrap in our cafeteria and educate YOU how to recycle effectively.

## What have we accomplished?

We have replaced the harsh saran wrap used in the cafeteria to a recyclable plastic.





# Plastic Waste

- Plastic doesn't just go away when you throw it away. Plastic stays on this earth for thousands of years after.
- Plastic breaks down slowly into microplastics.
- Microplastics end up in rivers, soil, and oceans, harming wildlife and entering the food we eat.
- When plastic is sent to landfills to decompose, it releases a significant amount of carbon dioxide emissions into the atmosphere, killing our planet.

# Facts About Plastic

1. A plastic utensil can take up to 200 years to break down.
2. Only 9% of plastic produced is recycled.
3. Everyday a truckload of plastic is dumped into the ocean.
4. 160,000 plastic bags are used around the world every second.



# CLUBS



# FREE Hot Cocoa

**Time: Dec 19, during lunch**

**Location: Grand hall**

You can also vote  
for other snacks  
with this QR code



# KODIAK ATHLETICS



# Let's congratulate our amazing wrestlers.

Here are the results from the Fraser Valley Super Novice Wrestling Tournament that was held at Pinetree Secondary on Friday

<b>Simone P.</b>	<b>Grade 10/12</b>	<b>Novice Girls- Gold.</b>
<b>Michelle W.</b>	<b>Grade 8/12</b>	<b>Novice Girls- Bronze.</b>
<b>Jason H.</b>	<b>Grade 8/9</b>	<b>Novice Boys- Gold.</b>
<b>Ben H.</b>	<b>Grade 10/12</b>	<b>Novice Boys - Bronze.</b>
<b>George M.</b>	<b>Grade 8/9</b>	<b>Novice Boys - Bronze.</b>
<b>Jack D.</b>	<b>Grade 8/9</b>	<b>Novice Boys - Bronze.</b>
<b>Daadbeh O.</b>	<b>Grade 8/9</b>	<b>Novice Boys - Bronze</b>

# HERITAGE Rugby



IF YOU ARE INTERESTED OR PLAN ON PLAYING GIRLS OR BOYS RUGBY THIS SPRING, PLEASE SIGN-UP NOW! MEETINGS WILL NOT TAKE PLACE UNTIL THE NEW YEAR.



SIGN-UP USING THE QR CODE BEFORE DECEMBER 19<sup>TH</sup>.



# CAREER CENTER



# REO

## RESEARCH EXPLORATION OPPORTUNITY



Tour first-class research facilities



Learn basic lab techniques and experiments




Be mentored one-on-one by lab personnel

### GENERAL INFORMATION


REO offers high school students, especially those from underrepresented groups\* in STEM, the free unique opportunity to explore research labs at partner universities across Canada during a week of spring break.

\*e.g., women in tech, LGBTQ+, Indigenous peoples, racial minorities, and youth residing in rural or low-income areas

#### About REO at UBC

 Eligibility: Grades 9 - 12 students

 Timeline: March 16 - 20, 2026

 Location: UBC Vancouver Campus

For more info, check out [linktr.ee/ubcstemfellowship](https://linktr.ee/ubcstemfellowship)

#### SCAN HERE TO APPLY



Deadline: January 9<sup>th</sup>, 2026



Please direct questions to:  
[ubc@stemfellowship.org](mailto:ubc@stemfellowship.org)

# STUDENT POLICE ACADEMY

- The New Westminster Police Department is looking for students aged 16-18 who have a desire to learn about a career in policing.
- The Student Police Academy is a week-long program (March 16 to March 20, 2026) designed to provide students with an unforgettable and educational experience in law enforcement. Participants will have the opportunity to engage in hands-on activities, learn from experienced professionals, and develop valuable skills that extend beyond the classroom.
- This program is ideal for students who are looking to expand their knowledge and get a behind the scenes look at all aspects of policing. From physical conditioning and self-defense tactics, to scenario-based simulations and firearm safety, you will receive the most up to date police training.
- This is your opportunity to see what it takes to be a police officer!



- **Eligibility requirements:**
  - ❖ You are a student in grade 10, 11, 12.
  - ❖ **AND** are between the ages of 16-18;
  - ❖ You are a Canadian Citizen or Permanent Resident;
  - ❖ You have a desire to learn about a career in policing;
  - ❖ You want to expand your knowledge around law enforcement ;
  - ❖ You are motivated, compassionate and empathetic with a genuine desire to help others;
  - ❖ You are committed to attending the program for the entire week; and,
  - ❖ You support and promote a diverse, inclusive, and healthy environment.
- <https://www.nwpolice.org/join-nwpd/student-police-academy/>
- **Deadline to apply: January 07, 2026**



## Cmolik Foundation Scholarship

Heritage can  
nominate ONE  
student only. Read  
carefully as this one  
has very specific  
criteria!

**Eligibility Criteria:** (must meet all criteria)

- Academic ability to be successful at post-secondary**
- Ineligible for BC Tuition Waiver**
- Faced adversity and has legitimate & significant financial need**
- BC resident living in Canada for at least 7 years**
- Intending to begin FT Study at university, college or trade school**
- Evidence of leadership involvement and good work ethic**

**To Apply:**

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.  
GPA: \_\_\_\_\_** (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
- 3. Include a Heritage Woods Financial Need Form.**
- 4. Provide a reference letter from a community member (not a teacher or staff member from Heritage Woods Secondary School).**
- 5. Provide the name of 1 Heritage Woods Teacher/Staff Member who has agreed to be a reference for you. \_\_\_\_\_**

Student Name: \_\_\_\_\_ email: \_\_\_\_\_

Student #: \_\_\_\_\_ DOB: \_\_\_\_\_ |

***\*One student will be nominated!***

*Due to Ms. Butler by:*

**Wed. January 07, 2026 by 12:30!**



## Schulich Leader Scholarship

Heritage can nominate one student only so read up on this award and the criteria carefully before you to apply to be nominated. Those who meet all criteria are most likely to be nominated.

**Eligibility Criteria:** (priority to those who meet all criteria)

- Academic Excellence**
- Outstanding community, business or entrepreneurial leadership**
- Financial Need**
- Canadian Citizen,**
- Intending to begin University Study in September 2026**
- Enroll at a partner university in a STEM field**

**To Apply:**

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.**  
**GPA:** \_\_\_\_ (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
- 3. Include a Heritage Woods Financial Need Form.**
- 4. Provide a reference letter from a community member (not a teacher or staff member from Heritage Woods Secondary School).**
- 5. Provide the name of 1 Heritage Woods Teacher/Staff Member who has agreed to be a reference for you. \_\_\_\_\_**

**Student Name:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Student #:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

***\*One student will be nominated!***

*Due to Ms. Butler or Ms. Birsan by:*

**Friday January 09, 2026 by 12:30!**

# BC Excellence Application for nomination is due to Ms. Butler Jan. 15, 12:30PM

- There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.
- You **must be nominated by your secondary school** in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website.  
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- **Application for nomination:**
- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>
- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
  - [meet basic eligibility requirements](#);
  - be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
  - fulfill the requirements of the B.C. Graduation Program;
  - be graduating in the same year the scholarship is awarded; and
  - have the following final marks.
    - Minimum “B” average in grades 11 and 12 courses required for graduation.
    - Minimum “B” (73% or above) in Language Arts 12.
    - Minimum “B” average, no more than one “C+” (67% or above), and no marks lower than “C+” in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.
- **Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.**

# COMMUNITY



# UBC Black Futures

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- The Black Futures program is a unique opportunity for Gr. 11 and 12 Black students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education.
- Last year’s program was hugely successful, and we anticipate that this year will be too. With a slogan of “if you can see it, you can be it”, it allows students to envision their academic future. **Students DO NOT need to be planning on attending UBC to be a part of this program.**
- The program consists of four in-person meetings at UBC. High school students will meet with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend. Transportation to and from UBC will be provided and students will be chaperoned by SD43 teachers.
- If you are interested, please see Ms. Butler by **December 18<sup>th</sup>**, to add your name to the list—there are only 10 spots available, so don’t wait!

